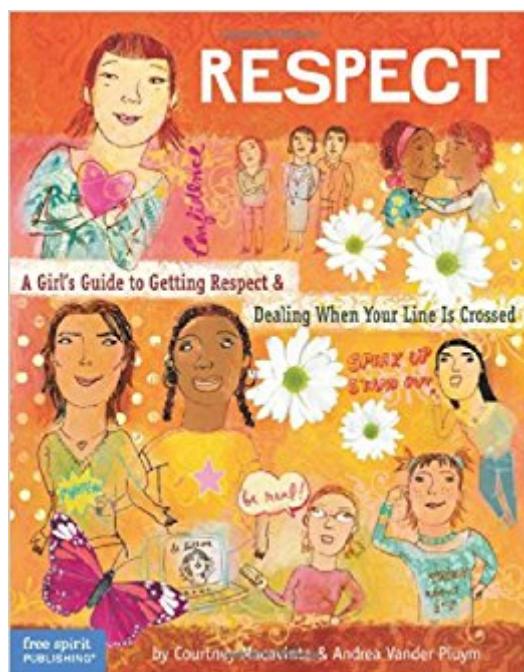


The book was found

Respect: A Girl's Guide To Getting Respect & Dealing When Your Line Is Crossed



Synopsis

This smart, savvy book helps teen girls get respect and hold on to it no matter whatâ€¢ at home, at school, with their friends, and in the world. Tips, activities, writing exercises, and quotes from teens keep readers involved. This â€œbig sisterâ€¢ style inspires trust. Girls learn respect is connected to everything, every girl deserves respect, and respect is always within reach because it starts on the inside. This book is your guide to getting respect and keeping it.

Book Information

Paperback: 240 pages

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Average Customer Review: 4.5 out of 5 stars 18 customer reviews

Best Sellers Rank: #558,495 in Books (See Top 100 in Books) #87 in Books > Teens > Education & Reference > Social Science > Psychology #150 in Books > Teens > Social Issues > Self-Esteem & Self-Reliance #151 in Books > Teens > Personal Health > Self-Esteem

Customer Reviews

â€œThe splashy, magazine-style layout, with lots of illustrations and sidebar activities, make this an attractive read for girls.â€¢â€¢â€¢ Youth Todayâ€œJunior and senior high girls, as well as their older sisters and mothers, will find it challenging and clarifying.â€¢â€¢â€¢ Voice of Youth Advocatesâ€œPowerful and positive message.â€¢â€¢â€¢ Childrenâ€¢â€¢â€¢ Literature â€œInformative and interactive.â€¢â€¢â€¢ Chicago Tribune iParenting Media Award Winner Independent Publisher Book Award Winner iParenting Media Awards Greatest Products, Winner

Independent Publisher Book Awards winner

Am using it in my psychotherapy practice with young teens. Very good!

My daughter likes to read the self help books by herself so I like having them around for ger. This

one had some great tips and advice.

I am enjoy this book with my daughter. I was never taught how to have respect for myself or others. And there are some great helpful tips in this book. I was so glad that I order it for the both of us to read. I would tell anyone that would like a book on how to build yourself esteem and learn how to have respect for yourself and for others. To read this book.

A great workbook for a new generation of girls empowered with a strong belief in their own self worth, an understanding of how to set and respect borders, tools for self expression and a call to follow your passion. YES!

This is a great book for girls becoming young women as they need to learn the new social rules as society changes the way its expectations of them.

great content but low on pictures and white space & heavy on text and crowded format.

I picked up Respect with a critical eye, fully prepared to read some fluffy, new-age, condescendingly grrrl-empowering text. Trust me, none of those adjectives fit this terrific resource. Authors Macavinta and Vander Pluym provide talking points for discussion and personal introspection on topics ranging from friends to family to the opposite sex to body image and self-image. The book is not a guide about what to think or do, but a template for drafting one's own guidelines and ethos. The authors continually recommend that young readers keep a journal and use specific topics and questions as launching points for making entries in the journal. I read the chapter about romantic relationships with special interest. As a twenty-something professional, I considered the text from the viewpoint of a mentor or parent who is concerned about a youngster, as well as from my not-too-distant viewpoint as a rebellious teenager who was just knew she much smarter than her own parents. Well, it works. This is not a preachy book, so the reviewer below who found it non-abstinence-insistent was right. The text encourages parents and daughters to have open discussions (with specific topics and starting points), so that the daughter can form her own personal boundaries. If a tween girl drafts her own idea of boundaries and limits, with her own healthy reasoning, instead of being berated by parents and adults, she is going to follow them more intensely. One discussion topic is female sexuality in popular media, with the "shock" of Judy Blume's *Are You There God, It's Me, Margaret* in the 1970's and Eve Ansler's *Vagina Monologues*

in the 1990's. Just reading that section makes me want to go back and talk to my 50-year-old mother about her experiences in the sixties versus her experiences raising me and taking me to sex education seminars with the Girl Scouts. I imagine it will raise healthy, bonding dialogue for parents of the next generation, too. Buy this worthwhile book, a package of sticky note tabs, a blank journal, and prepare for some open, important discussions in a well-structured, non-threatening environment.

I read this book over the weekend. It's fabulous and easy to read, filled with straightforward and relevant advice for real-life situations. Keeping the information in bite-sized pieces definitely helped in terms of digestion. I loved the writing style--frank, direct, simple, and clear. The reader cannot help but feel her sense of empowerment grow with the turn of every page. Teens don't often hear that they deserve respect, especially girls, so this book delivers a critical and life-altering message. By giving them the step-by-step tools to build better relationships with key people in their lives, girls will have a better handle on what they need and how to go about getting it. Bravo! Respect will surely become a classic--I sure could have used it while I was growing up. The good news is that women still can use this book, even though it's written for teens. We still need to be reminded to be true to ourselves and our feelings, and still need to set boundaries and effectively communicate them to others.

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